

**Cumberland Mountain State Park Programs**  
**August 19<sup>th</sup> –August 21<sup>st</sup>**

**Naturalists: Brian Frost and Erin Pitts**

Visit [www.cmspfriends.com](http://www.cmspfriends.com) for upcoming and printable schedules

All programs provided are on Central Standard Time. They are also PG which means parental guidance is expected with any children attending.

**Thursday August 19<sup>th</sup>:**

- 9:00am Nature Hike:** Come hike the Cumberland Plateau Nature Trail! Join the naturalists at the west end of the dam for a morning hike around beautiful Byrd Creek. Wear sturdy shoes and bring water. (Easy hike: 1 mile)
- 11:00am Pine Cone Birdfeeders:** Meet the naturalist at Shelter 1 to learn a fun way to feed and observe our feathery forest friends! (materials provided)
- 1:30pm Homestead Tower Trip:** Meet outside the park office to carpool over to the Historic Homestead Tower to learn some of the areas rich history. Get a bird's eye view of the homesteads as you climb to the top of the tower!  
(Bring money for Entry Fee old-timey souvenirs)
- 2:30pm Historic Homestead House Tour:** Take a walk through the house of a 1930's homesteader! Meet at the park office to carpool over to the Homestead House Museum to see what life was like in the 1930's.
- 3:30pm Scavenger Hunt:** Meet the naturalist at the Shelter 3 for a list of fun things to find! Prizes will be awarded to the fastest gatherers!

**Friday August 20<sup>th</sup>:**

- 10:30am Atlatl:** Join the Naturalist at the softball field to experience some Native American weaponry.
- 11:30am Moths and Butterflies:** Meet Brian at Shelter 3 to look at some of Cumberland Mountain's moths and butterflies, and learn about their life cycles and how to find them.
- 2:00pm Leaf Print T-shirts:** Meet the naturalist at Shelter 3 to create beautiful leaf print t-shirts! Bring your creativity and imagination! Paints are provided, but **bring your own shirt!**
- 3:30pm Orienteering:** Join Brian and Erin at shelter 1 to learn how to use a compass and find your way through the woods.
- 4:00pm Tree Walk:** Meet Brian at the boat dock to learn how to identify trees in the park.
- 5:00pm Exotic and Invasive Plants:** Join the naturalists at the Visitor's Center to learn some of Tennessee's most unwanted plant species. Get a **FREE** Poster.
- 8:30pm Night Hike:** Meet the naturalists in front of the restaurant to explore the park at night. Plan on hunting for moths, watching bats, listening for owls & more! Bring a flashlight. (Easy Hike: 1 mile)



**Saturday August 21<sup>st</sup>: Ultimate Water Day Extravaganza!**

**9:00am Canoe Float:** Join the naturalists at the boat dock for a canoe float around Byrd Lake. **A sign up sheet will be posted at the boat dock all week.** Availability is limited so sign up NOW!!! (Weather permitting)

**11:30am Fishing 101:** Join the Naturalist at the boat dock to get a lesson on fishing do's and don'ts. Bring your fishing pole and tackle box and be ready to go fishin'!

**1:30pm Creek Walk:** Meet at the restaurant terrace for a hike down to Byrd Creek to get your feet wet while finding what critters hide beneath the rocks!

**2:30pm Ultimate Paddle Boat Race:** Meet at the boat dock for an awesome paddle boat race! Paddleboats are limited; **a sign up sheet will be posted at the boat dock all week**, so sign up NOW!

