

Cumberland Mountain State Park Programs
August 26th –August 28th
Naturalists: Brian Frost and Erin Pitts
Visit www.tnpark.com for upcoming and printable schedules

All programs provided are on Central Standard Time. They are also PG which means parental guidance is expected with any children attending.

Thursday August 26th:

- 9:00am Nature Hike:** Come hike the Cumberland Plateau Trail! Join the naturalist at the west end of the dam for a morning hike around beautiful Byrd Creek. Wear sturdy shoes and bring water. (Easy hike, 1 mile).
- 11:00am Pine Cone Birdfeeders:** Meet the naturalist at Shelter 1 to learn a fun way to feed and observe our feathery forest friends! (materials provided)
- 1:30pm Homestead Tower Trip:** Meet outside the park office to carpool over to the Historic Homestead Tower to learn some of the areas rich history. Get a bird's eye view of the homesteads as you climb to the top of the tower!
(Bring money for Entry Fee old-timey souvenirs)
- 2:30pm Historic Homestead House Tour:** Take a walk through the house of a 1930's homesteader! Meet at the park office to carpool over to the Homestead House Museum to see what life was like in the 1930's.
- 3:30pm Scavenger Hunt:** Meet the naturalist at the Amphitheater for a list of fun things to find! Prizes will be awarded to the fastest gatherers!

Friday August 27th:

- 10:30am Atlatl:** Join the Naturalist at the softball field to experience some Native American weaponry.
- 11:30am Moths and Butterflies:** Meet Brian at Shelter 4 to look at some of Cumberland Mountain's moths and butterflies, and learn about their life cycles and how to find them.
- 2:00pm Leaf Print T-shirts:** Meet the naturalist at Shelter 3 to create beautiful leaf print t-shirts! Bring your creativity and imagination! Paints are provided, but **bring your own shirt!**
- 4:00pm Exotic and Invasive Plants:** Join the naturalists at Shelter 4 to learn some of Tennessee's most unwanted plant species.
- 8:30pm Night Hike:** Meet the naturalists at the boat dock to explore the park at night. Plan on hunting for salamanders, listening for owls & more! Bring a flashlight.

Saturday August 28th:

- 9:00am Canoe Float:** meet the naturalists at the boat dock for a canoe float around Byrd Lake. A sign up sheet will be posted at the boat dock all week. Sign up NOW!!
- 11:30am Fishing 101:** Join Brian at the boat dock to get a lesson on fishing do's and don'ts. Bring your fishing pole and tackle box and be ready to go fishin'!
- 1:30pm Creek Walk:** Meet at the restaurant terrace for a hike down to Byrd Creek to get your feet wet while finding what critters hide beneath the rocks!
- 2:30pm Ultimate Paddle Boat Race!:** meet at the boat dock for an awesome paddle boat race! A sign up sheet will be posted at the dock, so sign up NOW!

